



Background

- Many important **social statistics** (e.g., the distribution of health risks) can be inferred by **social sampling**—recalling samples from one’s social network^{1,2}
 - There are increasing concerns that social media **distorts** people’s view of social frequencies³
- How is social sampling swayed by online social information?**

Methods

Part 1

Study 1
N = 138

“Which of the two countries is visited more frequently in the UK?”

[Thailand] [USA]

Part 2

Study 2
N = 132

“Which of the two health issues is more prevalent in the UK?”

[Eating disorders] [Depressive disorders]

“Please write down everyone you know who has traveled to [the USA].”

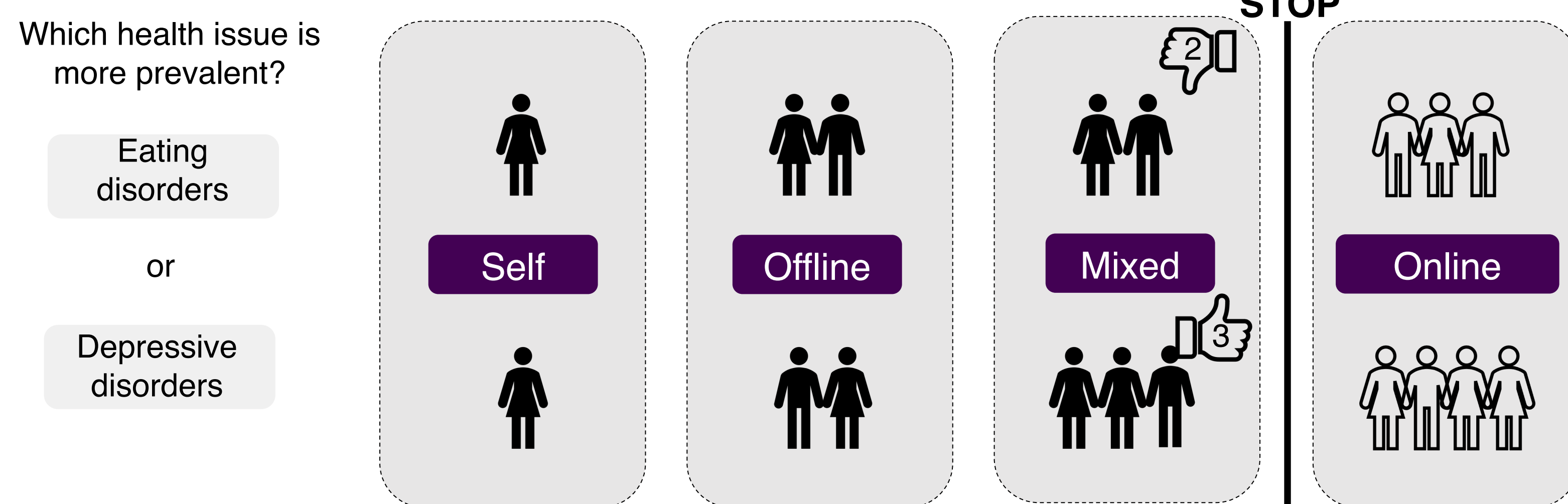
“What is your usual contact with [this person]?” (face-to-face, social media, mixed)

“Please write down everyone you know who has been affected by [an eating disorder].”

“What is your usual contact with [this person]?” (face-to-face, social media, mixed)

Participants: UK residents aged 18-50 years; Comparisons included 13 countries and 15 health issues

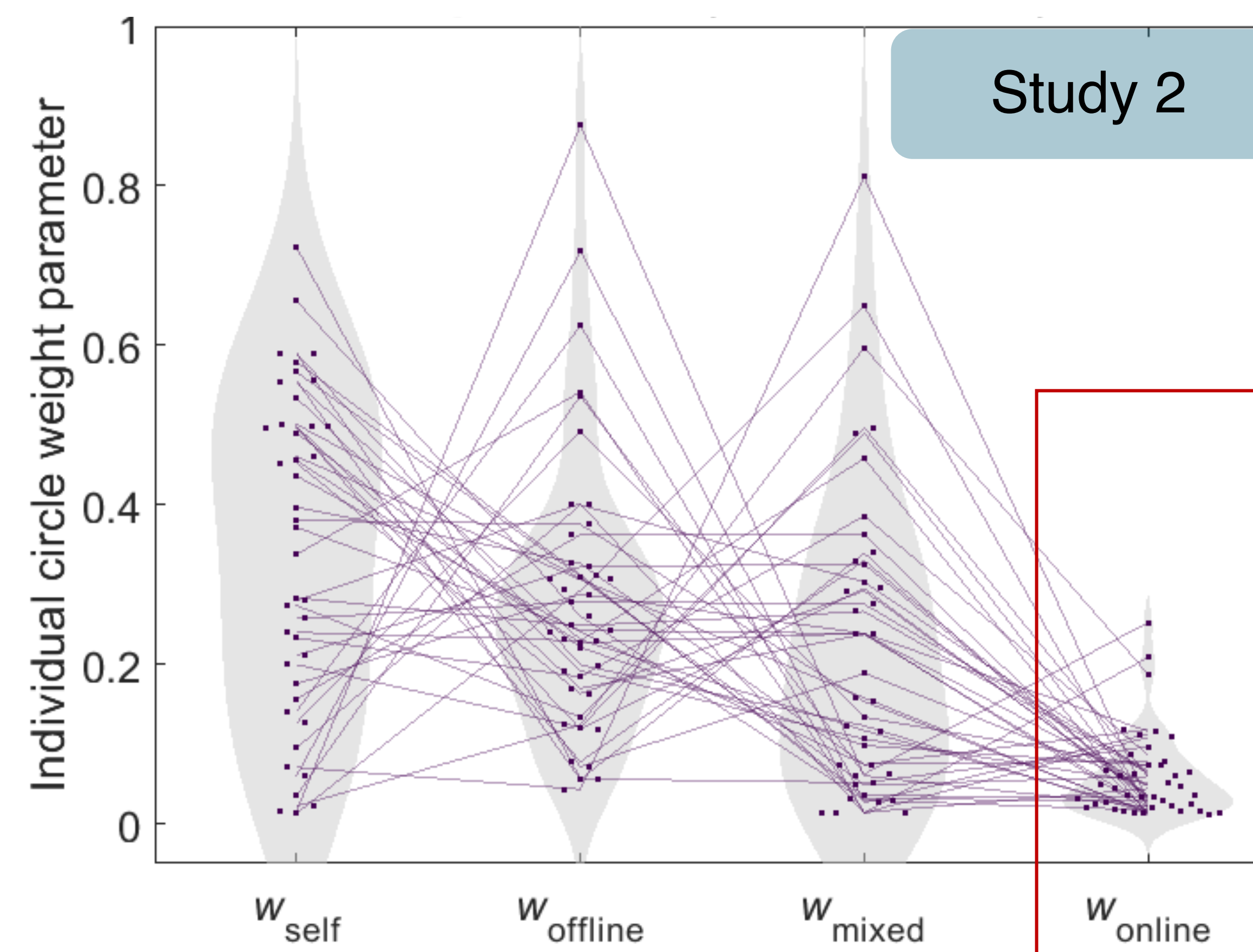
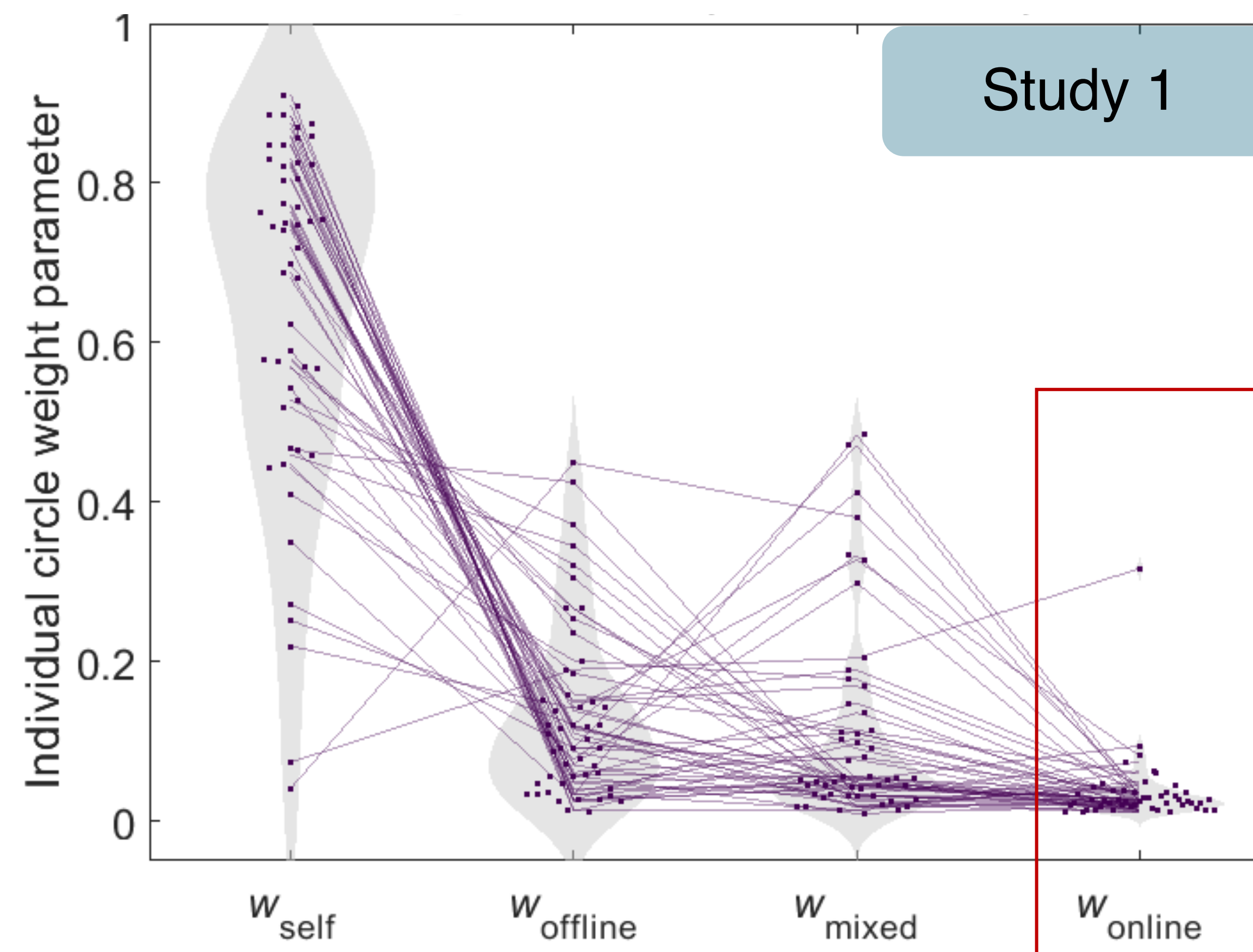
To measure the relative weight that people place on online contacts, we adapted a **computational framework of social sampling**⁴:



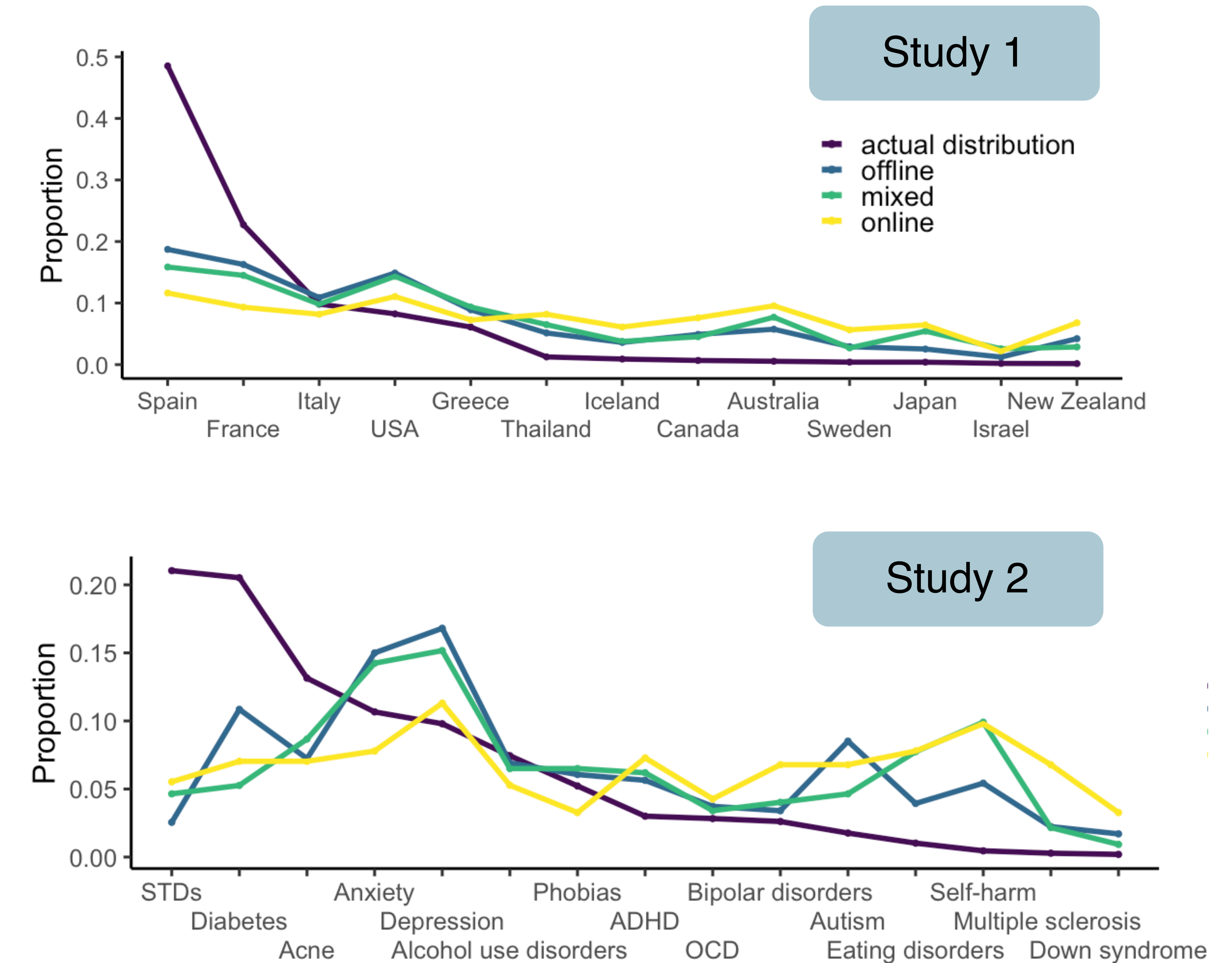
In the sampling process, people sample information sequentially from separate social circles. Sampling terminates once a circle discriminates between the two options and once the information exceeds a person’s difference threshold. The order in which circles are consulted is assumed to be probabilistic and defined by weight parameters for each circle. These weight parameters allow us to quantify the weight that people assign to online contacts when forming judgments.

Results

RQ1: How much weight did people put on online versus offline contacts?



RQ2: How valid is social information from online versus offline contacts?



Actual distributions refer to official statistics on the number of travelers⁵ and the prevalence of health issues^{6,7} in the UK.

Summary and conclusion

Although social media often showcases biased information, people discount information from online contacts (relative to offline contacts) when judging social statistics.

References

¹ Galesic, M., Olsson, H., & Rieskamp, J. (2012). Social sampling explains apparent biases in judgments of social environments. *Psychological Science*, 23(12), 1515–1523.

² Tversky, A., & Kahneman, D. (1973). Availability: A heuristic for judging frequency and probability. *Cognitive Psychology*, 5(2), 207–232.

³ Hills, T. T. (2019). The dark side of information proliferation. *Perspectives on Psychological Science*, 14(3), 323–330.

⁴ Schulze, C., Hertwig, R., & Pachur, T. (2021). Who you know is what you know: Modeling boundedly rational social sampling. *Journal of Experimental Psychology: General*, 150(2), 221–241.

⁵ Office for National Statistics. (2019). Data from “Travelpac: Travel to and from the UK.” <https://www.ons.gov.uk/peoplepopulationandcommunity/leisureandtourism/datasets/travelpac>

⁶ Global Burden of Disease Collaborative Network. (2021). *Global Burden of Disease study 2019 results*. Institute for Health Metrics and Evaluation. <http://ghdx.healthdata.org/gbd-results-tool>

⁷ McManus, S., Bebbington, P., Jenkins, R., & Brugha, T. (Eds.). (2016). *Mental health and wellbeing in England: Adult Psychiatric Morbidity Survey 2014*. NHS Digital. https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/556596/apms-2014-full-rpt.pdf