

# Do nudges work?

To navigate the literature, we need a map



**Linnea Gandhi**

November 2023

*Joint work with Duncan Watts at the CSS Lab at Penn*

## The Fall 2023 Cartography Team



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*MBDS student*



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*MBDS student*



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*MBDS student*



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*MBDS, User Researcher*



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*MBDS, HBS Pre-Doc*



**Shannon White**  
*PhD, User Researcher*



**Linnea Gandhi**  
*PhD Candidate, Lead*



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*MBDS student*



**Mia Shelton**  
*MBDS student*



**Anna Lamb**  
*MBDS, Behavioral Scientist*



**Eric Shapiro**  
*Penn CSS Lab  
Research Ops Manager*



**Analytics @ Wharton**  
*Primary Sponsor,  
Automation Support*

Which nudge works best?

It depends.

On what?

The behavior, context, people...

How about for our project?

We don't know...run an experiment?!

We don't know...



**Generalizability**  
We don't know which features matter  
*(Bryan et al., 2021; Hallwsorth 2022; Simons et al., 2017; Szaszi et al., 2018; Vivalt 2020; Yarkoni 2020)*



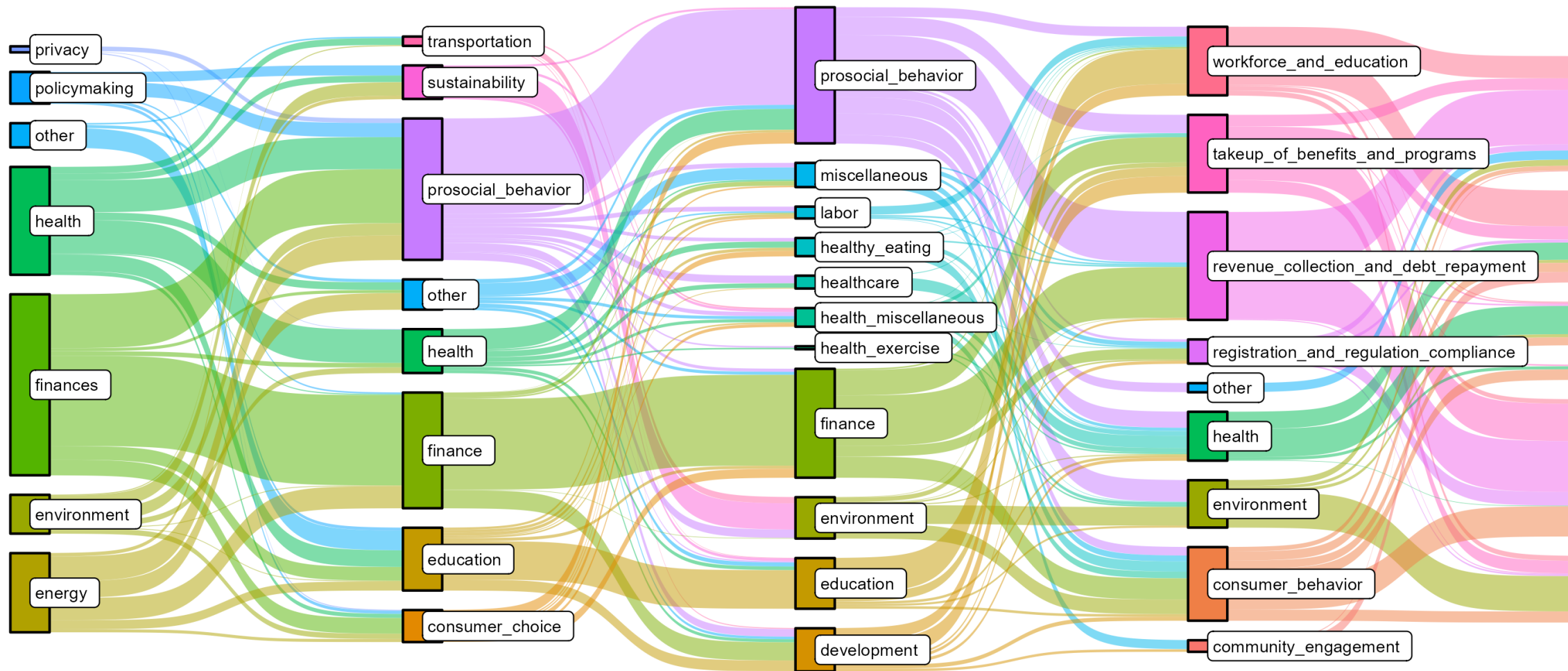
**Transparency**  
We don't document all features  
*(Christensen, Freese & Miguel, 2019; Hoekstra & Vazire 2021; Nature Human Behavior Editorial Team, 2020; Munafo et al., 2017)*



**Commensurability**  
We don't speak the same language  
*(Almaatouq et al., 2022; Mischel 2008; Scheel 2022; Watts 2017)*

# Commensurability

## What's the *domain* of a study? (N=155)



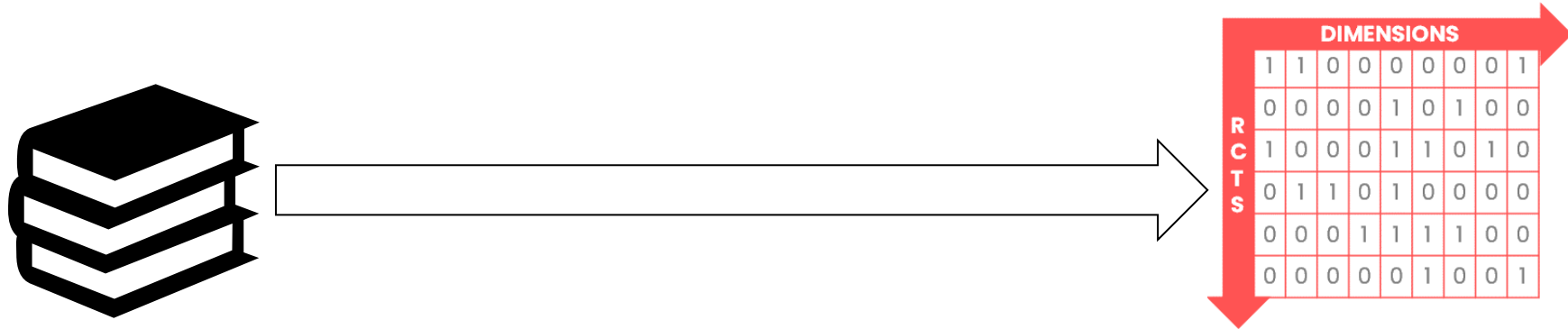
Hummel & Maedche, 2019

Szaszi et al., 2018

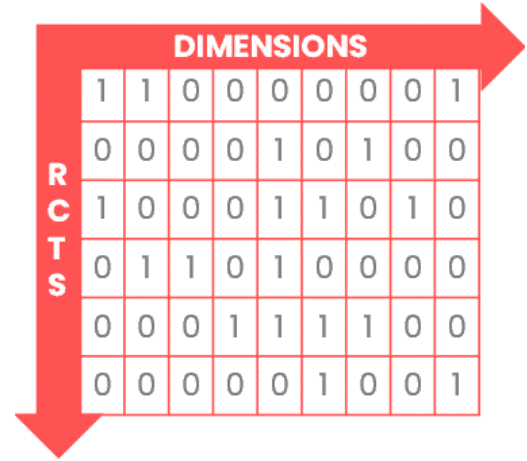
Beshears & Kowosky, 2020

Dellavigna & Linos, 2022

Mertens et al., 2022



We use papers to not only *share* but *store* knowledge.



*Szaszi et al., 2018 (nudges)*  
*Hummel & Maedche, 2019 (nudges)*

Systematic reviews

*Mertens et al., 2022 (nudges)*  
*Dellavigna & Linos, 2022 (nudges)*

Meta-analyses

*Athey et al., 2022 (giving)*  
*Brody et al., 2022 (vaccines)*  
*Zhao et al., 2022 (lab nudges)*

Heterogeneity analyses

*Altmedj et al., 2019 (lab studies)*  
*Vivalt 2020 (development)*  
*Dai et al., working paper (COVID)*

Meta-prediction analyses

Building a  
 database  
 of  
 cumulative  
 evidence

# Research Cartography

## How to map a knowledge space

**PsycINFO®**  
 THE ScienceDirect  
 BEHAVIOURAL  
 INSIGHTS TEAM.

**Beaway**

Shared by others (2018+)

Found by our team (2018+)

Filtered to choice architecture RCTs

Prioritized to real behavior, large sample RCTs

High priority ready-to-code

Consensus Coders 1 & 2

Audit Coder 3

Author Review

Merge

Enrich with expert ratings:  
 ➤ Interventions  
 ➤ Barriers

**DIMENSIONS**

1	1	0	0	0	0	0	0	1
0	0	0	0	1	0	1	0	0
1	0	0	0	1	1	0	1	0
0	1	1	0	1	0	0	0	0
0	0	0	1	1	1	1	0	0
0	0	0	0	0	1	0	0	1

RCTs

Low priority parking lot

Coder 1

Coder 2

LLM-driven features

Append geography

Translate effects



Crowd predictions



New RCTs



Descriptive & Predictive Modeling



# Research Cartography

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		DIMENSIONS							
RCTS	1	1	0	0	0	0	0	0	1
	0	0	0	0	1	0	1	0	0
	1	0	0	0	1	1	0	1	0
	0	1	1	0	1	0	0	0	0
	0	0	0	1	1	1	1	0	0
	0	0	0	0	0	1	0	0	1



Crowd predictions



New RCTs



Descriptive & Predictive Modeling

**18 months**

**155 RCTs**  
(of 600+ reviewed)

**400+ dimensions**

DIMENSIONS								
1	1	0	0	0	0	0	0	1
0	0	0	0	1	0	1	0	0
1	0	0	0	1	1	0	1	0
0	1	1	0	1	0	0	0	0
0	0	0	1	1	1	1	0	0
0	0	0	0	0	1	0	0	1

**Explore:** Find promising “empty” regions

**Translate:** Unify existing theories

**Explain:** Build new theories

**Predict:** Answer Which nudge works best?

# Translate:

A computational approach to commensurability

56 nudge concepts  
6 frameworks

**Choice Architecture**  
Harnessing the Science of Persuasion  
Influencing behaviour:  
The mindspace way  
A Review and Taxonomy of Choice Architecture Techniques



**Mia Shelton**  
(MBDS)



**Shannon White**  
(PhD, Grad)

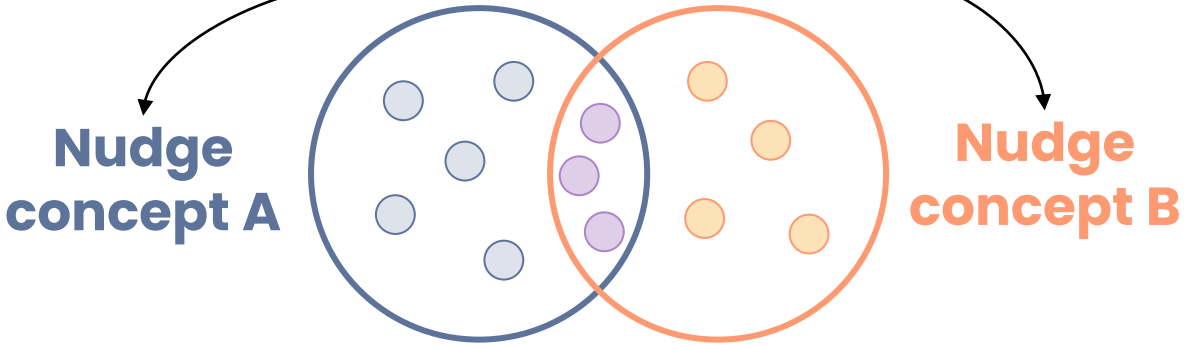


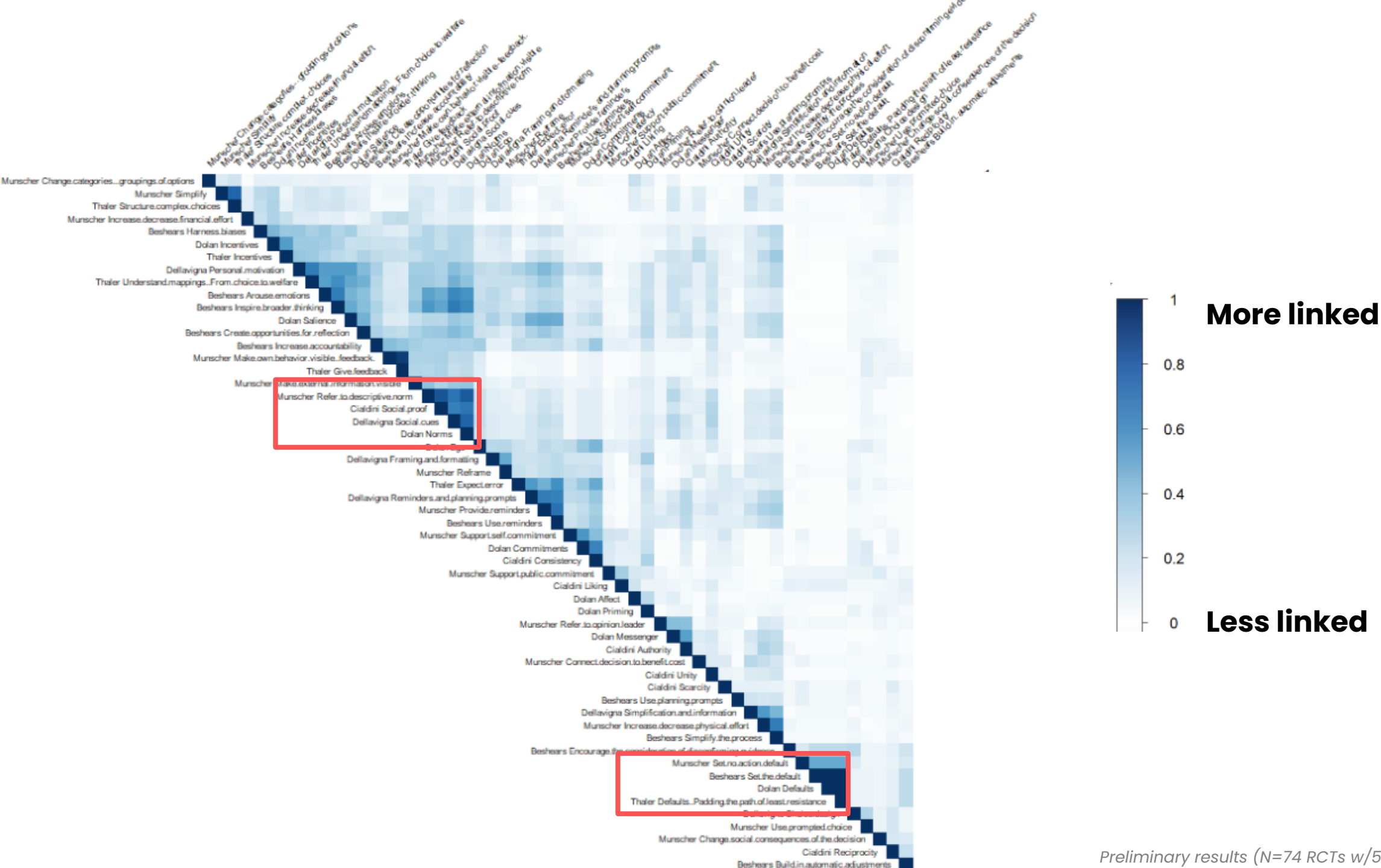
**Nicole Grabel**  
(MBDS, Grad)

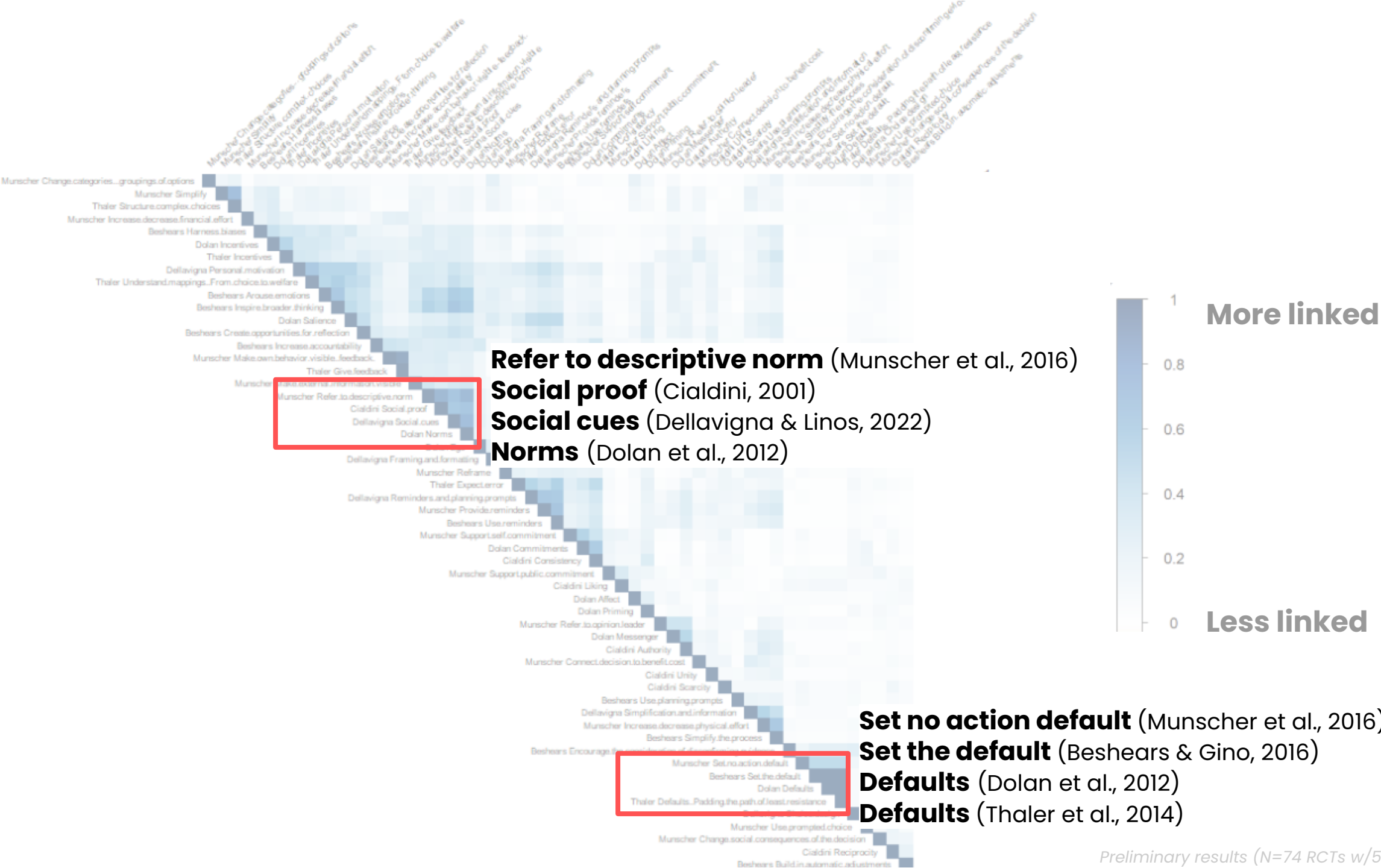


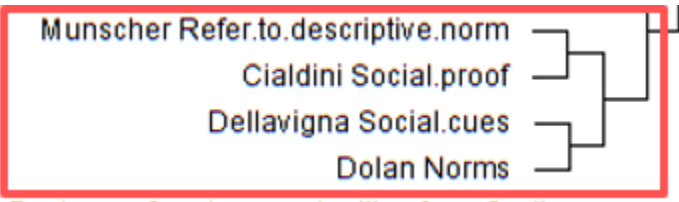
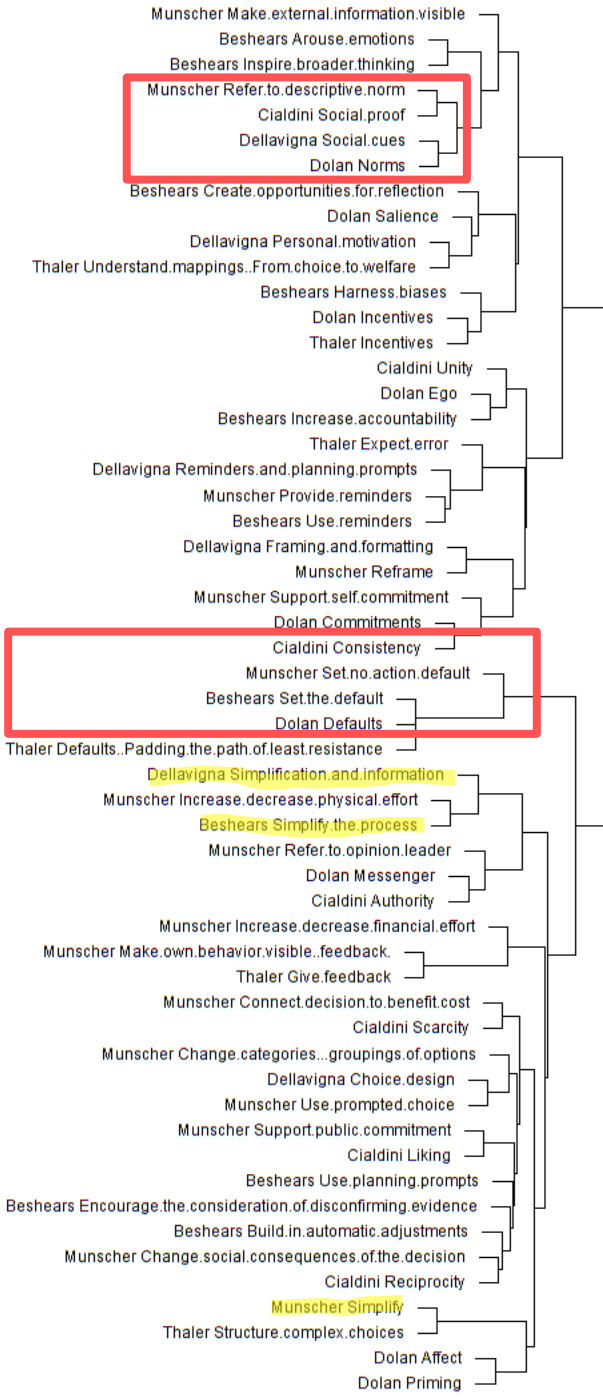
DIMENSIONS								
1	1	0	0	0	0	0	0	1
0	0	0	0	1	0	1	0	0
1	0	0	0	1	1	0	1	0
0	1	1	0	1	0	0	0	0
0	0	0	1	1	1	1	0	0
0	0	0	0	0	1	0	0	1

$$\text{sim}(\text{nudgeA}, \text{nudgeB}) = \frac{\text{shared}}{\text{shared} + \text{onlyA} + \text{onlyB}}$$

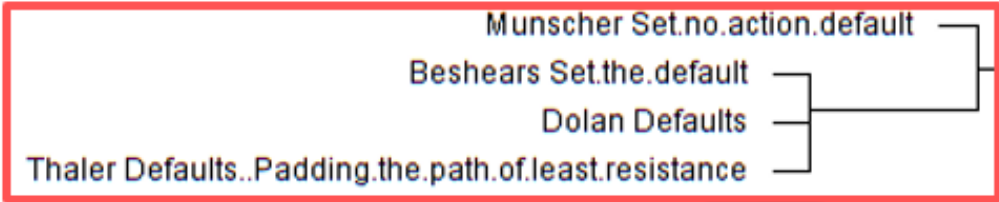




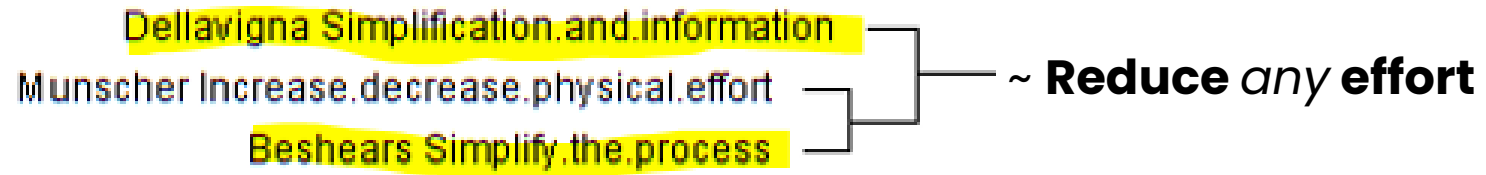




**Norms**



**Defaults**



**Simplify ≠ Simplify**



DIMENSIONS								
1	1	0	0	0	0	0	0	1
0	0	0	0	1	0	1	0	0
1	0	0	0	1	1	0	1	0
0	1	1	0	1	0	0	0	0
0	0	0	1	1	1	1	0	0
0	0	0	0	0	1	0	0	1

**Explore:** Find promising “empty” regions

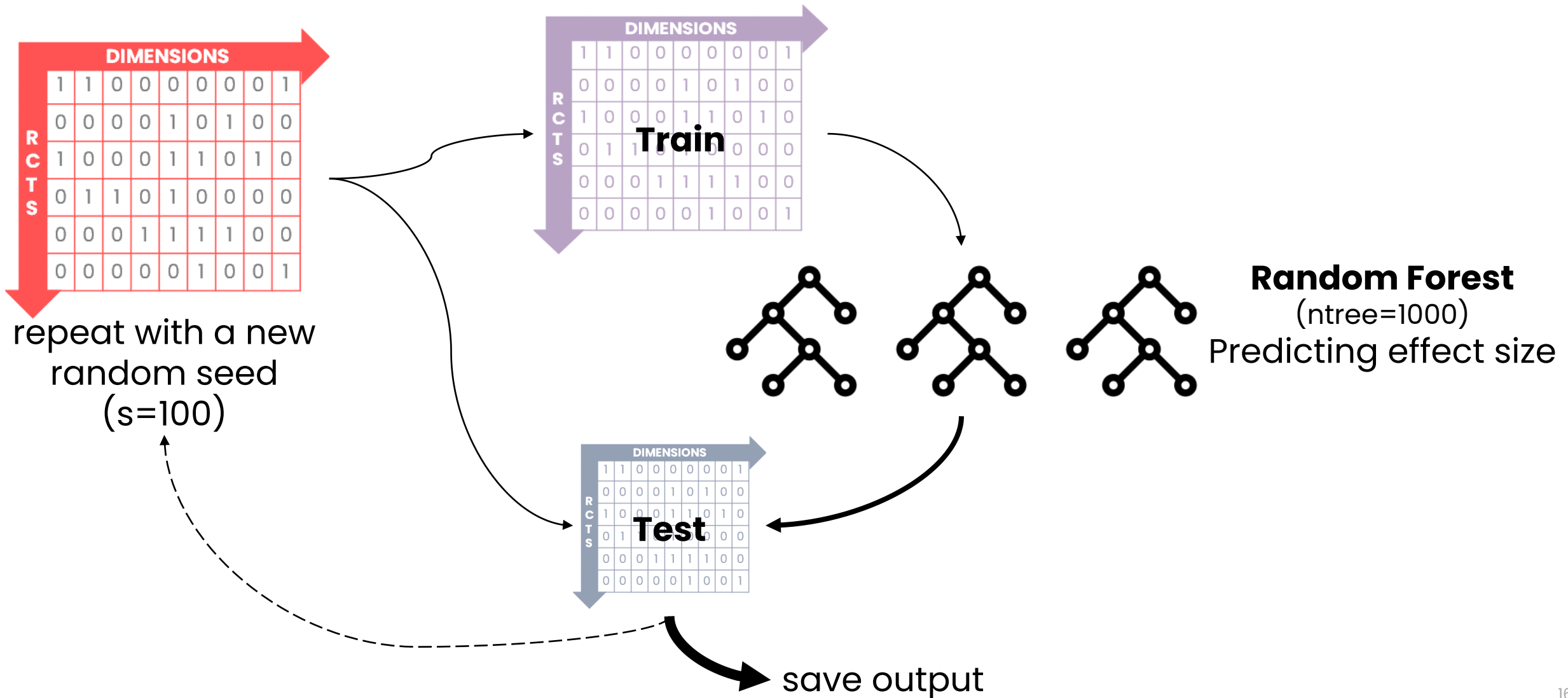
**Translate:** Unify existing theories

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# Predict: Which nudge works best?

**Random Forest** | 80% Train, 20% Test | looped over 100 seeds  
(Altmedj et al., 2019)

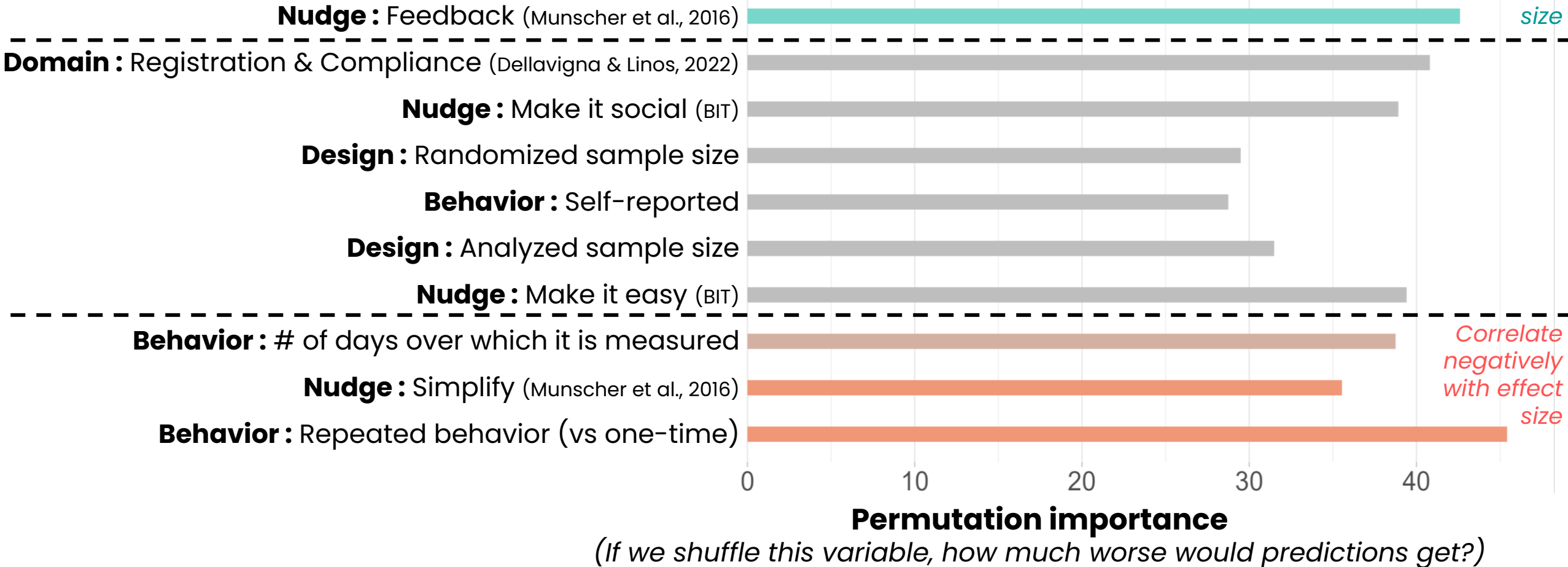




# Predict: Which nudge works best?

reproducible  
auditable  
improvable

Correlate  
positively  
with effect  
size



Correlate  
negatively  
with effect  
size

# A long to-do list

	DIMENSIONS								
R	1	1	0	0	0	0	0	0	1
C	0	0	0	0	1	0	1	0	0
T	1	0	0	0	1	1	0	1	0
S	0	1	1	0	1	0	0	0	0
	0	0	0	1	1	1	1	0	0
	0	0	0	0	0	1	0	0	1

1. Add RCTs, refine dimensions, tune model specifications
2. Migrate more dimensions to our **LLM-human** “v2” process
3. Integrate **homogenous subsets of RCTs** (corporate partners)
4. Continue our pipeline for **integrative evidence** (map → RCT → map)

# Which nudge works best?

How can we “know what we know” as a field if we cannot computationally combine different sources of evidence?

Prediction requires truly cumulative science.



We may be asking too much of our scientific papers –  
*sharing vs. storing knowledge*

	DIMENSIONS						
FACTS	1	1	0	0	0	0	1
	0	0	0	1	0	1	0
	1	0	0	1	1	0	1
	0	1	1	0	1	0	0
	0	0	1	1	1	1	0
0	0	0	0	1	0	1	

# Thank you!

This ambitious project would not be possible without our **funders, field partners, advisory board, & dedicated team!**



**Advisors / Board:** Colin Camerer, Angela Duckworth, **Duncan Watts**

**Current Team:** Anushka Bhansali, Nicole Grabel, Yang Huang, Aravika Khosla, Anoushka Kiyawat, Maatangi Krishna, Anna Lamb, Ana Pimienta, Eric Shapiro, Mia Shelton, Shannon White, Ricky Wang

**Alumni Team:** Kathryn Ambroze, Andrea Dineen, Ishaan Goel, Chelsey Gonzalez, Lamrot Jinfessa, Lindsay Juarez, Elina Konstidinou, Shloka Kumar, Joshua Kurniawan, Andrea Lin, Vartika Parasramka, Palashi Singhal, Jessie Thenarianto, Wendy Yu, Shuchen Zhang

**Supporters:** Akriti, AJ Acacio, Elizabeth Criswell, Mariela Dyer, Sydney Freedman, Grant Harris, Siena Henson, Yao Hung, Palak Jain, Irena Kaplan, Krishleen Kaur Kohli, Andrea Lin, Sara Lopez Marin, Alison Martin, Isabelle Mauboussin, Ellis Morlock, Trisha Nagpal, Darcie Piechowski, Tianfu (Toby) Ren, Emma Ronzetti, Becky Schmid, Lisa Schreiber, Michelle She, Riya Sirdeshmukh, Brooke Spencer, Xuefei Tan, Kwaish Vohra

The logo for Beeway, featuring the word "Beeway" in a bold, black, sans-serif font.

The logo for BEHAVIORALIZE, featuring the word "BEHAVIORALIZE" in a bold, blue, sans-serif font.

The logo for comfama, featuring the word "comfama" in a bold, pink, sans-serif font.

The logo for Wharton Analytics at Wharton, featuring a white shield with a red top bar and a blue bottom section containing a white stylized 'W' and 'A' logo, with the text "Wharton ANALYTICS AT WHARTON" below it.