

Expected Consequences of Expressing Doubt

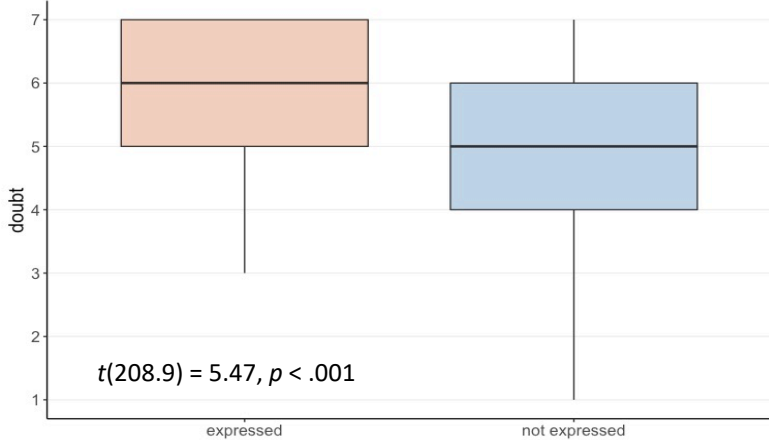
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Expressing Doubt

An integral part of experiencing emotions is sharing them with others (Rimé, 2009). One emotion people often experience during decision making is doubt. But, when do people share doubts with others and, if so, why?

RQ 1: When is doubt expressed?

65% of the sample expressed their doubts. People who expressed doubts, generally experienced higher levels of doubt.



Method (N = 380)

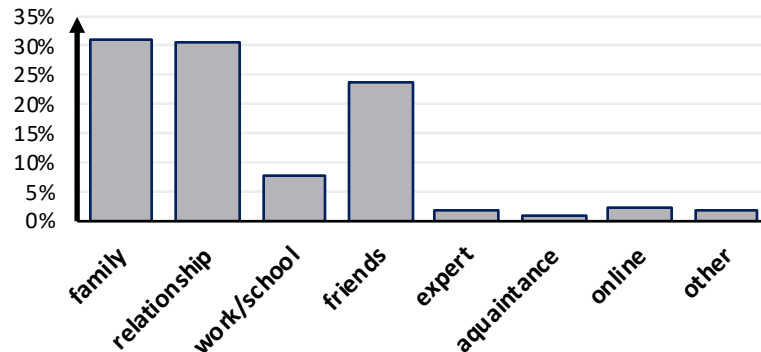
To answer our three research questions we conducted a preregistered exploratory study on MTurk (osf.io/pk895).

Measures:

- Recall an important and difficult decision.
- Did you share your doubt?
- Who did you share it with?
- Functions of (negative) emotions: learning & social (Summerville & Buchanan, 2014)
- Interpersonal dimensions: warmth, morality, competence

RQ 2: Who is doubt expressed to?

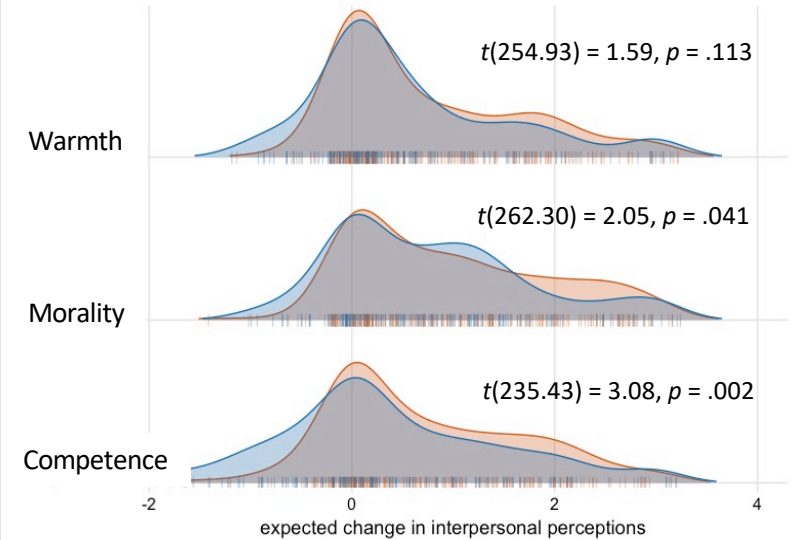
Participants expressed their doubt to 1-14 people.



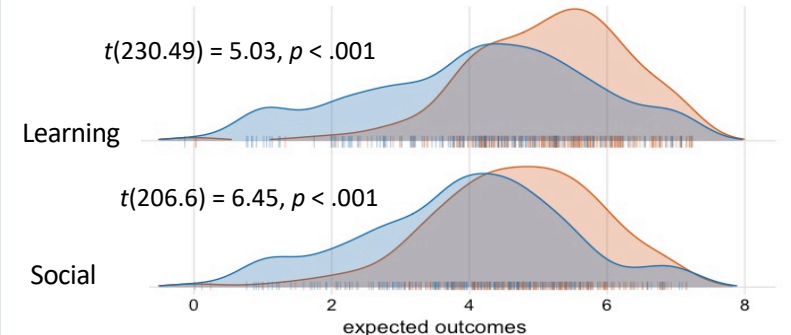
RQ 3: What are the expected consequences of expressing doubt?

expressed not expressed

Interpersonal dimensions



Functions of (negative) emotions



References

Rimé, B. (2009). Emotion elicits the social sharing of emotion: Theory and empirical review. *Emotion Review*, 1(1), 60-85.

Summerville, A., & Buchanan, J. (2014). Functions of Personal Experience and of Expression of Regret. *Personality and Social Psychology Bulletin*, 40(4), 463-475.

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