Carrie Gill

PhD Candidate, Environmental and Natural Resource Economics University of Rhode Island cagill@my.uri.edu

Abstract

One challenge of promoting energy-efficient behavior is that it requires change. Limiting energy use often requires sacrificing convenience and comfort now and in the future.

Using experimental data, we explore what temporal frame (daily, monthly, or yearly) neutralizes loss aversion and encourages energy-efficient choices.

Results suggest consumers are most willing to adopt energy efficiency when cost savings are framed on a monthly basis.

We explore why the endowment effect diminishes in the monthly frame, and in particular note that fluency is the highest in the monthly frequency frame.

Background

Loss aversion for comfort

Defaults are sticky [5]. Consumers keep a contractor's arbitrary light bulb choice, despite zero switching cost and the potential for monetary savings [2].

Switching from energy-intensive to efficient behaviors, consumers lose comfort and convenience [3].

Under Prospect Theory, consumers prefer to segregate savings and integrate costs [6].



Status Quo Behavior	Proposed Impact to Comfort/Convenience	Proposed Impact to Energy Bill
energy efficiency	gain	added costs
energy intensity	loss	savings

Pennies-a-day (PAD)

However, consumers tend to neglect small recurring costs [1]. Do consumers similarly neglect small recurring savings or small non-monetary consequences?

> Save \$0.25 per day by choosing the energy-efficient alternative.

Pay an additional \$92 per year to choose the energy-intensive alternative.

Boundaries of Loss Aversion

Consumers experience decreased loss aversion for money they plan on spending [4]. Can we align their energy decisions with their budgets to reduce loss aversion?

Temporal Framing, Endowment, and Energy Choices





A boundary of loss aversion for energy decisions



*** and ** indicate significance at the 1% and 5% levels, respectively, using the per family error rate.



Costs/Savings Frequency

Status quo affects daily and yearly energy use, but not monthly use.

Stephen Atlas, PhD

Assistant Professor of Marketing College of Business Administration University of Rhode Island satlas@uri.edu

Efficiency advocates and energy managers should consider messaging with monthly savings. Simple messaging may help reduce resistance to adopting energy-efficient behaviors.

Future Research

- Validate findings using Qualtrics participants
- Further explore fluency as a mediator
- Examine other approaches to reducing loss aversion
- through fluency, e.g. percent savings

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